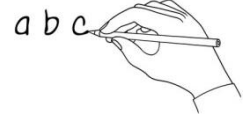




Brydi's story - ANSWERS

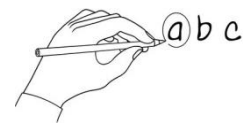


1. Fill it in!

Complete the sentences.

able-bodied	competitively	achieve	disability
Paralympics	self-esteem	bully	overcome

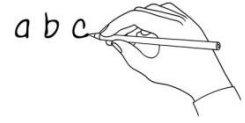
- When you do a sport in competitions, you do it competitively.
- For someone with a disability, it can be hard to do some of the things that other people do.
- If you bully someone, you hurt them or make them feel bad again and again.
- If you feel good about yourself, you have good self-esteem.
- If you overcome bullying, you stop it from controlling your life.
- For people who are able-bodied, it isn't difficult to do the things that other people can do.
- The Paralympics is a competition like the Olympics for people with disabilities.
- If you achieve something, you work hard and reach your goal.



2. True or false?

Watch the video. Circle true or false for these sentences.

- Brydi races in a wheelchair in competitions. true false
- Brydi first played wheelchair basketball, then she started wheelchair racing. true false
- Brydi always had a lot of friends at school. true false
- The Just Like You programme helps children understand people with disabilities. true false
- Brydi wants to show that people with disabilities can do great things. true false
- Brydi's dream is to go on holiday to Paris. true false



3. Fill it in!

Watch the video. Complete the sentences.

training	wheelchair racing	Paralympics	team
disability	achieve	compete	bullying

- a. My favourite thing about wheelchair racing is that I can go super fast.
- b. Having a disability can sometimes make it hard for kids at school.
- c. I'm excited to teach kids that they can overcome bullying.
- d. My biggest goal is to go to Paris for the Paralympics in 2024.
- e. I'm training really hard with my coach.
- f. I want to compete in the 100m, 200m and 10km races.
- g. I want to be in the wheelchair basketball team.
- h. I'm going to achieve big things.

4. Write and draw!

Children write about their favourite sports and whether they want to take part in a big competition one day and draw a picture.

